



Our post today is brought to you by Rachel Coopey, designer of the wonderful [Banach](#) mittens, and also [these super socks](#). She tells us about the simple pleasures of growing your own fruit, raincoats, bouncy yarn, and warm hands. You can also find it on [her blog](#).

Autumn is upon us! We didn't really have a summer here in the UK, it was the wettest one for 100 years and it was mostly cold too so I'm quite happy to move on and leave it behind.

Autumn is my favourite time of year, there is loads of seasonal produce, fires get lit, blankets come out and knitwear gets worn in abundance.

In my garden some of the apples are ready:



I'm lucky enough to have 5 apple trees, some are cooking apples and some are eaters. The fruit is a bit smaller than usual because of the aforementioned weather but unlike the pear and plum trees, which were a complete failure this year, there are more than enough apples to go around.

Autumn also means the release of the [Twist Collective Fall 2012](#) collection and I'm honoured to have a pattern included - [Banach](#)



They have a hemmed cuff and colourwork section followed by a twisted stitch cable pattern on the back of the hand, the palm of the hand has seed stitch detail. They are just right for the impending cold weather - the only thing worse than cold hands are cold feet!



The photographs and styling are stunning, I've been on the look out for a yellow mac ever since I saw this one!



I used [Dragonfly Fibers](#) Djinni yarn and it was such lovely stuff to work with, the colours are beautiful and the yarn is bouncy and gave the mittens such crisp stitch definition. You can get a kit including the colours I used for the mittens shown [here](#). I'll definitely use this yarn again, maybe for a pair of socks next time.



You can buy the pattern from the [Twist Collective site](#) or from [Ravelry](#) - it's great to be able to keep the pattern in your Rav library. I'd love to see any finished mittens or mittens in progress or even just theoretical colour choices in my [Ravelry group](#).



All photos belong to the very talented Carrie Bostick Hoge - when I grow up I want to take pictures like her.