



[Promenade](#) is Mary-Heather Cogar's first design for Twist Collective and the inspiration for the [WWMHW](#) shoot. This post first appeared on Mary-Heather's blog, which can be found [here](#).

It's a little bit ridiculous, I know, that it has taken me just over 3 weeks to blog one of the most exciting things EVER, but... so it goes. The amazing Fall 2010 Twist Collective - you've seen it by now, yes? :) I was so, so honored to be a part of it! I was lucky enough to have a design chosen to be included: [Promenade](#)! ([Ravelry link](#)!) I have been a huge fan of Twist Collective since the very first issue, and to have a pattern in the magazine (in an issue just full of beautiful patterns from designers I admire) is really a design dream come true for me.



Promenade is a Regency-era inspired pullover with a very scooped neck on a slim, empire-waist bodice, puffy little cap sleeves, an a-line bottom, and a separately worked linen stitch tie detail. I've wanted to knit this garment for myself for so long - it's a simple, clean design, but has so many little style elements that I love and seek out in my clothing (seriously - give me an empire waist and cap sleeves and I'm a happy woman).

When my design was accepted, I happily threw myself into a period of research. Gotta love any type of research that allows me to watch *Sense and Sensibility*, *Persuasion*, and the BBC *Pride and Prejudice* over and over (and, yes, over) again! I also dove deep into some serious eye-candy paintings from that era:



Sigh. So beautiful, right? I wanted my pattern to be true to the promenade dresses so popular during the Regency era, but without any costumey elements - it had to be wearable today! Luckily, so many style elements we see in those beautiful dresses from the era are nearly universally flattering. To me, a more modern look came through some minor changes, the most important being raising of the neckline (the first version of the bodice that I knit, which was more true to a "period" neckline, ~~was rather saucy by today's standards!~~ I am pretty sure that it would be hard to find modern undergarments that would have worked with a neck that was so very, very scooped). Kate Gilbert (who is so inspiring to work with) and I also both felt strongly that avoiding a white, cream, or pastel color would give the design a more contemporary feel. As you can see from the inspiration paintings above, there were plenty of beautiful rich colors worn by the women during the Regency period.



The yarn I worked with, [Madelinetosh Pashmina](#), is delightful. A handpainted merino/cashmere/silk blend, it is luxurious to be sure... frankly, it's dreamy. It drapes beautifully and still has that great merino squishiness and memory. And of course, since we're talking about Madelinetosh here, the colors are just stunning!

I had so much fun playing with the details of this sweater, and it has been fun to see it added to faves and queues and even see some projects start up on Ravelry! There are many more construction details and notes on [Promenade's Ravelry pattern page](#).



All the photos in this post are copyrighted by the fabulous [Jamie Dixon](#)... ok, yes, I'm biased because she is my friend, but she really is [such a fabulous photographer](#). Jamie shot the entire "WWMHW" story of the Fall 2010 Twist Collective... yup, as you've no doubt seen already (if you are a Yarn Person), I got to model a whole story, full of gorgeous sweaters and accessories from some of my favorite designers (seriously), called "[What Would Mary-Heather Wear?](#)" Talk about exciting - and flattering, to have been included in such a fun way. More about that day up in the mountains (falling ticks and all!) to come in a few days. In the meantime, here is an outtake from the shoot:

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The hat is the lovely [Community Garden](#), by [Melissa LaBarre](#). With a cute hat like that, and my sweet happy dog by my side, no wonder I have a great big grin on my face! Such a fun day!

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