

Twisted Yarn Overs



This variation on the make-one increase eliminates the distortion of the adjoining stitches.

Right-leaning Twisted Yarn Over



To make your twisted yarn over lean to the right, make a backwards yarn over.



On the following row, purl this yarn over through the front loop.

Left-leaning Twisted Yarn Over



Make a normal yarn over. On the following row, purl this yarn over through the back loop.

In working these increases, you are using the yarn over to reserve the yarn that will form the twisted loop at the base of the increase. Because extra yarn has, in effect, been set aside, the twisted loop does not need to pull yarn from its neighbors. The drawback of these increases is that they are worked over two rows, requiring a bit more attention on the part of the knitter.

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[Knit in the Front and Back of the Stitch](#)



[Make 1 \(Left or Right\)](#)



[Lifted Increases
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